



THE UNIVERSITY OF
TENNESSEE
KNOXVILLE

Alternatives to Hazing

Organizations should develop activities for members that are in line with the group's purpose, values, and mission. The activities should help members build healthy relationships in a safe and productive manner that is in line with University rules, Internal/National Organization policy, and the law. It can sometimes be difficult for organizations to come up with activities that help foster unity amongst all members in a creative yet healthy way. Therefore, this list was developed to share ideas with organizations and promote healthy alternatives to hazing. It is not an inclusive list, nor is it an endorsement of any company or activity. The list is specific to the University of Tennessee and surrounding areas.

Knoxville Area

Paintball

- Smokey Mountain Paintball: <https://www.smokymountainpaintball.com/>
- Zombie Hunters Paintball: <http://www.zombiehunterspaintball.com/index.html>

Laser Tag

- Laser Quest: <https://www.laserquest.com/tn-knoxville/>
- Main Event Entertainment: <https://www.mainevent.com/play/laser-tag-game>

Escape Room

- Breakout: <https://breakoutgames.com/knoxville/>
- Escapeworks: <https://escapeworksknoxville.com/>

Rock Climbing

- Onsight Rock Gym: <https://www.onsightrockgym.com/>
- Riversports Outfitters Climbing Center: <http://tcc.riversportsoutfitters.com/>
- RecSports Climbing Wall: <https://recsports.utk.edu/outdoors/climbing-wall/>

Extreme Air Sports

- JumpJam Trampolines: <http://www.jumpjam.us/Pricing-Hours>
- MaxAir Trampoline Park: <http://maxairknoxville.com/>

Attend a Sporting Event

- UTK Athletics: <https://bigorangetix.utk.edu>
- Tennessee Smokies: <https://www.milb.com/tennessee>
- Knoxville Ice Bears: <http://www.knoxvilleicebears.com/>

Outdoor Activities

- Ijams Nature Center (Hiking, Ropes Course, Bike, Kayaking, Paddle Boarding): <http://ijams.org/things-to-do-and-see/>
- Navitat: <https://www.navitat.com/knoxville-tn/>
- RecSports Outdoor in East TN: <https://recsports.utk.edu/outdoors/outdoors-in-knoxville/>
- RecSports Equipment Rentals: <https://recsports.utk.edu/outdoors/equipment-rentals/>
- RecSports Learn How To Clinics: <https://recsports.utk.edu/outdoors/sports-clinics/>
- The Lost Sea Adventure: <http://thelostsea.com/groups/>

Roller Skating

- Skate Town: <http://skatetownknox.com/>

Disc Golf

- List of Knoxville Courses: <http://www.outdoorknoxville.com/play/disc-golf>

Haunted House (Seasonal)

- FrightWorks: <http://www.frightworks.com/>
- Dead Man's Farm: <http://www.deadmansfarm.com/>
- Frightmare Manor: <http://frightmaremanor.com/>

Play a Sport Together (New Members and Members on One Team)

- RecSports Intermural: <https://recsports.utk.edu/intramurals/overview/>
- City of Knoxville Athletics: http://www.knoxvilletn.gov/government/city_departments_offices/parks_and_recreation/sports/athletics_department

Group Fitness Classes

- RecSports: <https://recsports.utk.edu/fitness/group-fitness-schedule/>

Dance Classes

- Street Beatz Studio: <http://www.streetbeatzstudio.com/contact-us/>
- Dance Tonight Knoxville: <http://dancingknox.com/>

Bowling

- Maple Hall: <http://maplehallknox.com/bowl/>

- Main Events Entertainment: <https://www.mainevent.com/book/group-events>

Gravity Ropes

- Navitat: <https://www.navitat.com/knoxville-tn/>
- Main Event Entertainment: <https://www.mainevent.com/play/gravity-ropes>

Ice Skating

- Ice Chalet: <http://www.chaleticerinks.com/publicsessions.htm>

Market Square Events

- Ice Skating, Movies, Live Music: <https://knoxvillemarketsquare.com/firstfriday/>

Host a First Aid Course

- RecSports: <https://connect.recsports.utk.edu/Program/GetProgramDetails?courseId=e2fb2bf3-c4f8-4d3a-86c3-d10af1efcca3&semesterId=eea8fd81-4d7f-4715-a308-da8426930dc7>
- CPR Choice Knoxville: <https://knoxvillecpr.com/on-site-group-training/>

Host a Cooking Class

- The Cutting Edge Classroom: <https://thecuttingedgeclassroom.com/cooking-classes/adult-classes/>

Host a Life Skills Workshop

- How to Change a Tire
- How to Change Your Oil
- Self-Defense

Host Dinner for New Members

- Have each class host a dinner for new members
- Discuss “what I wish I knew then, that I know now” with real advice

Host a Member Talent Show for Members and New Members to attend

Host a Personality Inventory Workshop Utilizing Myers-Briggs, Strengths Quest, or Similar Personality Style Test to Better Understand Similarities and Differences of Members

Gatlinburg and Pigeon Forge

Ober Gatlinburg

- Skiing and Snowboarding: <https://obergatlinburg.com/groups/>
- Snow Tubing: <https://obergatlinburg.com/tubing-2/>
- Ice Skating and Ski Mountain Coaster: <https://obergatlinburg.com/activity-rates/>

Indoor Sky Diving

- Flyaway: <http://www.flyawayindoorskydiving.com/flyaway-information/>

Rafting

- Rafting the Smokies: <https://raftinginthesmokies.com/lower-pigeon-river-float-trips/>

Theme Park

- Dollywood Theme Park: <https://www.dollywood.com/Tickets>

Water Park

- Dollywood Splash Country: <https://www.dollywood.com/waterpark>

River Tubing

- River Rat Tubing: <http://smokymtnriverrat.com/tubing/>

Outdoor Gravity Park

- Zorbing: <https://www.outdoorgravitypark.com/>

Ropes Course

- Climb Zip Swing Adventure Park: <https://adventureworks.com/pigeon-forge-sevierville-climb-zip-swing/index.html>
- Zipline and Ropes, Rafting in the Smokies: <https://raftinginthesmokies.com/ropes-course/>

Go Karting

- Xtreme Racing Center: <https://www.xtremeracingcenterpigeonforge.com/>
- SpeedZone Fun Park: <https://www.speedzonefunpark.com/>
- NASCAR Speedpark: <https://nascarspeedpark.com/hours-and-info/>
- The Track: <https://www.funatthetrack.com/parks/pigeon-forge/>
- Fun Stop: <http://funstoptn.com/pigeon-forge-go-kart-tracks/indoor-go-kart-track-pigeon-forge/>

Disc Golf

- List of Gatlinburg Courses:
https://www.smokiesadventure.com/smokymountains/outdoors/disc_golf.htm

Attractions

- Monster Truck Rides: <http://www.reservepigeonforge.com/da/monster-truck-ride-sevierville>
- Castle of Chaos: <https://www.5dadventure.com/>

Chattanooga Area

White Water Rafting

- Ocoee Adventure Center: <https://www.ocoeeadventurecenter.com/raft/middle-and-upper-trips/>
- Outdoor Chattanooga (Whitewater Paddling, Rowing, Tubing): <https://outdoorchattanooga.com/water/>

Outdoor Activities

- Outdoor Chattanooga (Disc Golf, Hiking, Mountain Biking, Rock Climbing): <https://outdoorchattanooga.com/land/>
- Lookout Mountain (Ruby Falls, Incline Railway, Rock City): <http://www.lookoutmountain.com/plan-your-visit>
- Cave Tours: <http://www.raccoonmountain.com/>
- Segway & Bike Tours: <http://chattanoogasegwaytours.com/>

Sky Diving/Hang Gliding

- Outdoor Chattanooga (Hang Gliding, Sky Diving): <https://outdoorchattanooga.com/air/>

Go Karting

- The Pit: <https://www.meetatthepit.com/indoor-go-kart-racing.html>
- Sir Goony's: <http://www.sirgoonys.com/prices--attractions.html>

Escape Room

- Breakout: <https://breakoutgames.com/chattanooga/>
- Escape Experience: <https://www.escapeexperience.com/chattanooga/>
- Escape Mission: <https://escapemissionchattanooga.com/>
- Time to Escape: <https://itstimetoescape.com/downtown-chattanooga/>

Boat Tours

- Southern Belle Riverboat: <https://chattanoogariverboat.com/>
- Chattanooga Cycleboats: <https://chattanoogacycleboats.com/>
- Chattanooga Ducks: <http://www.chattanoogaducks.com/>
- Blue Heaven River Tours: <http://www.blueheavenrivertourschattanooga.com/>

Disc Golf

- Outdoor Chattanooga: <https://outdoorchattanooga.com/land/disc-golf/>
- The Skinks Disc Golf: <http://www.thesinksdiscgolf.com/>
- Portland Park: <https://outdoorchattanooga.com/land/portland-park/>

Nashville Area

Attend a Sporting Event

- Nashville Predators: <https://www.nhl.com/predators/tickets/group/sales-inquiry>
- Tennessee Titans: http://www.titansonline.com/tickets/group-tickets-info.html?icampaign=tix_ten_landing_grouptix
- Nashville Sounds: http://www.milb.com/content/page.jsp?ymd=20161027&content_id=207337702&fext=.jsp&sid=t556&vkey

Escape Room

- The Escape Game: <https://nashvilleescapegame.com/>
- Breakout: <https://breakoutgames.com/nashville/>
- Escape Experience: <https://escapeexperiencenashville.com/>

Go Karting

- Music City Indoor Karting: <https://musiccityindoorkarting.com/>
- Veloce Indoor Speedway: <https://www.velocespeedway.com/private-party/>
- Cedar Creek Sports Center: <http://www.cedarcreeksportscenter.com/GO-KARTS.html>